

# KANZEONS

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*21st Century Remix*



1

Fashi Lao Yue A Single Thread Contemplative Order of Hsu Yun  
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*Daily Practice  
Following the Light*

## Contemplations.

There are five contemplations. It is suggested you print each one out at a time and contemplate it.

As an example, the first one is *Nothing Stays the Same*. Use your own life. Does the shape of your life stay the same? How about words? What about the beginning?

Have you ever considered just jumping in – right in the middle of the shape that is there?

May the merit of these teachings benefit you and all beings.

## Nothing stays together.



There is no shape that stays put when formed or cut.  
The page curls and words roll up and down the hills  
and valleys. The cover is bent back exposing the first  
page. There is less anticipation, perhaps, less  
expectation when you jump in.

## Surrender to Dharma.



We may feel shattered like a broken cup, strewn across the floor. This rubble is our offering. It's not necessary to hold back or hide anything. We are just trying to keep something for ourselves.

Empty your pockets completely.

The eye of wisdom is on the sparrow.



Nothing happens without being seen. We want to pocket the treasures and offer scrawny hand-outs. We don't mean it. We don't mean to be alive. We mean to run away – in a dream or a delusion. We don't mean to live with what shows up. We want it to be different. We don't want to live in the differences.

We are all wisdom's babies.



We live in a ruthless conference where rules of custom strangle us. We remain small and less underneath these bubbles. We think and conclude. We solve and resolve. Shivering brood -- we huddle in concert in this foam because all the time we feel motherless. Even the rules need to be left behind. Not just yet – but when we realize and know who we are wisdom's babies.

